

City of Irving Parks and Recreation Classes

Registration is at 6 p.m. Aug. 22 at all full-time and school recreation centers. Classes begin Aug. 28 and end Oct. 21.

CIMARRON PARK RECREATION CENTER / 201 Red River Trail / (972) 910-0702
Hours: Mon, Wed, Fri : 6 a.m.–10 p.m. / Tue, Thu : 9 a.m.–10 p.m. / Sat : 9 a.m.–5 p.m. / Sun : 1–5 p.m.

DAY	TIME	CLASS	AGE	FEE
TODDLER & PRESCHOOL CLASSES				
Mon	9:15-10:15 a.m.	ABC Learning	3-6	\$5
	10:15-11 a.m.	Little Dribblers	3-6	-0-
	11 a.m.-noon	Cookie Making	3-6	\$5
	noon-1 p.m.	Building Buddies	3-6	-0-
Tue	9:15-10 a.m.	T-Ball	3-6	-0-
	10-11 a.m.	Fall Creations	3-6	\$5
	11 a.m.-noon	Tikes and Trikes	3-6	-0-
Wed	9:15-10 a.m.	Learning Numbers	3-6	-0-
	10-11 a.m.	Little Racers	3-6	-0-
	11 a.m.-noon	Preschool Science	3-6	\$10
Thu	9:15-10:15 a.m.	Legos and Blocks	3-6	-0-
	10:15-11 a.m.	Little Kickers	3-6	\$10
	11 a.m.-noon	Preschool Painting	3-6	-0-
Fri	9:15-10 a.m.	Zoo Keeper Coloring	3-6	-0-
	10-11 a.m.	Construction Paper Crafts	3-6	\$5
	11 a.m.-noon	Preschool Origami	3-6	-0-
Sat	9:15-10 a.m.	Mom and Tots Adventure	0-2	\$10
	10-11 a.m.	Snacks and Stories	3-6	\$5
	11 a.m.-noon	Gym Social	3-6	-0-
Sun	9:15-10 a.m.	Cupcake Creations	3-6	\$5
	10-11 a.m.	Fitness and Snack	3-6	\$5
	11 a.m.-noon	Little Explorers	3-6	-0-

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3-4 p.m.	Gym Games-Kickball	6-12	-0-
	4-5 p.m.	Arts and Crafts	6-12	\$5
	5-6 p.m.	2K PS4	6-12	-0-
	6-7 p.m.	Table Tennis	6-12	-0-
Tue	3-4 p.m.	Gym Games-Badminton	6-12	-0-
	4-5 p.m.	Bracelet Making	6-12	\$5
Wed	3-4 p.m.	Gym Games-Soccer	6-12	-0-
	4-5 p.m.	Glitter Crafts	6-12	\$5
	5-6 p.m.	Whiffle Ball	6-12	-0-
Thu	6-7 p.m.	Kickball	13-17	-0-
	3-4 p.m.	Gym Games-Dodgeball	6-12	-0-
	4-5 p.m.	Pottery Painting	6-12	\$5
Fri	5-6 p.m.	Youth Basketball	6-12	-0-
	3-4 p.m.	Gym Games-Whiffle Ball	6-12	-0-
	4-5 p.m.	Fall Crafts	6-12	\$5
Sat	5-6 p.m.	PS4 Games	6-12	-0-
	11 a.m.-noon	Flag Football	6-12	-0-
	1-2 p.m.	Game Room Challenge	6-12	-0-
Sun	2-3 p.m.	Tennis	6-12	-0-
	3-4 p.m.	Youth Basketball	13-17	-0-

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	2-3 p.m.	Senior Fitness (M,W,F)	50-up	-0-
	7-8 p.m.	HALO 5 Game Play	18-up	-0-
	8-9 p.m.	Beg. Fitness	18-up	-0-
Tue	2-3 p.m.	Senior Power Walking	50-up	-0-
	7-8 p.m.	HALO 5 Game Play	18-up	-0-
Wed	8-9 p.m.	Power Walking Fitness	18-up	-0-

DAY	TIME	CLASS	AGE	FEE
LEAGUES				
Tue	6:30-8:30 p.m.	Girls' Volleyball	7-12	TBA
Thu	6:45-9:45 p.m.	Men's Basketball	18-up	\$360 per team

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE	
Mon	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA	
	9:15-10:15 a.m.	Jacki Sorensen's Dance Aerobics (T,Th)	18-up	\$12/\$10/\$3 class	
	3:30 p.m.	Piano Lessons (M-F)	5-16	\$90 mo.	
	3:45-4:15 p.m.	Kidz Love Soccer Tot Soccer	3-4	\$75 8/weeks	
	4-4:45 p.m.	Basketball Skills: Level 1 (M,W,F)	5-17	\$120 mo.	
	4:15-5 p.m.	Kidz Love Soccer 2	7-10	\$75 8/weeks	
	4:15 p.m.	Piano Lessons (M-F)	5-16	\$90 mo.	
	4:45-5:30 p.m.	Basketball Skills: Level 2 (M,W,F)	5-17	\$120 mo.	
	5 p.m.	Piano Lessons (M-F)	5-16	\$90 mo.	
	5:15-5:45 p.m.	Kidz Love Soccer Parent and Me	2-3	\$75 8/weeks	
	5:30-6:15 p.m.	Basketball Skills: Level 3 (M,W,F)	5-17	\$120 mo.	
	5:30-6:25 p.m.	Chess (M,F)	6-up	\$10 per class	
	5:45 p.m.	Piano Lessons (M-F)	5-16	\$90 mo.	
	6-7 p.m.	Belly Fit	18-up	\$40 mo.	
	6:15-7 p.m.	Basketball Skills: Level 4 (M,W,F)	5-17	\$120 mo.	
	6:30 p.m.	Piano Lessons (M-F)	5-16	\$90 mo.	
	6:30-7:25 p.m.	Chess (M,F)	6-up	\$10 per class	
	7-8 p.m.	Belly Dancing	18-up	\$40 mo./\$10 class	
	7-8 p.m.	Fitness to You (M,W)	18-up	\$5 per class	
	7-8 p.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.	
	7-9:30 p.m.	DFW Table Tennis	7-up	\$40 mo./\$3 class	
	Tue	9-10 a.m.	Tennis Lessons Adult Beg. /Adv. Beg.	18-up	\$80 mo.
		5:30-6:30 p.m.	Okinawan Karate (T,Th)	7-up	\$60 mo.
5:30-6:30 p.m.		Guitar Lessons	7-up	\$55 mo.	
6:30-7:30 p.m.		Guitar Lessons	7-up	\$55 mo.	
Wed	5:15-6 p.m.	Ballet and Tap	3-5	\$44 mo.	
	6:15-7 p.m.	Ballet and Tap	6-12	\$44 mo.	
	7-7:45 p.m.	Hip-Hop and Jazz	6-12	\$44 mo.	
Thu	7-8 p.m.	Tennis Lessons Adult Beg. /Adv. Beg.	18-up	\$80 mo.	
	9-10 a.m.	Tennis Lessons Adult Int.	18-up	\$80 mo.	
Sat	6:30-7:30 p.m.	Okinawan Kobudo	7-up	\$50 mo.	
	8-9 a.m.	Tennis Lessons Juniors	7-10	\$40 mo.	
	9-10 a.m.	SuperTots Soccer	3-6	\$25 mo.	
	9-10 a.m.	Tennis Lessons Juniors	9-12	\$40 mo.	
	9 a.m.-noon	DFW Table Tennis	7-up	\$40 mo./\$3 class	
	10-11 a.m.	SuperTots Soccer	3-6	\$25 mo.	
	10-11 a.m.	Tennis Lessons Juniors	12-up	\$40 mo.	
11 a.m.-noon	Tennis Lessons Juniors	12-up	\$40 mo.		
noon-1 p.m.	Dance with Jenny! Youth Cheerleading	4-8	\$40 mo./\$10 class		

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	6-9 a.m. / 11 a.m.-2 p.m.	(basketball)
Tue	1-3 p.m.	(badminton) / 4-5:25 p.m. (basketball)
Wed	6-9 a.m.	(basketball) / noon-3 p.m.(pickle ball) / 8:15-9:30 p.m. (basketball)
Thu	11 a.m.-1 p.m.	(basketball) / 1-2 p.m. (badminton) / 4-5:25 p.m. (basketball)
Fri	6-9 a.m.	(basketball) / noon-2 p.m. (basketball) / 7-9:30 p.m. (volleyball)
Sat	Noon-3 p.m.	(basketball) / 3-4:30 p.m. (badminton)
Sun	1-3 p.m.	(badminton) / 3-4:30 p.m. (basketball)

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

GEORGIA FARROW RECREATION CENTER AT WEST PARK / 530 Davis Drive / (972) 721-2519
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9 a.m.-noon	Starkidz Preschool Academy (M-F)	3-6	TBA
	9:15-10 a.m.	Preschool Math	3-6	-0-
	10-10:45 a.m.	Kickball Fun	3-6	-0-
	11-11:45 a.m.	Piece Your Puzzle	3-6	-0-
Tue	9:15-10 a.m.	Preschool Writing	3-6	-0-
	10-10:45 a.m.	T-Ball Skills	3-6	-0-
	11-11:45 a.m.	Preschool Mini Golf	3-6	-0-
Wed	9:15-10 a.m.	Learn Your Alphabets	3-6	-0-
	10-10:45 a.m.	Tennis Stars	3-6	-0-
	11-11:45 a.m.	Big Wheel Course	3-6	-0-
Thu	9:15-10 a.m.	Soccer Blast	3-6	-0-
	10-10:45 a.m.	Preschool Bowling	3-6	-0-
	11-11:45 a.m.	Preschool Kraft	3-6	-0-
Fri	9:15-10 a.m.	Brilliant Builders	3-6	-0-
	10-11 a.m.	Preschool Fitness	3-6	-0-
	11-11:45 a.m.	Gym Mania	3-6	-0-

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3-4 p.m.	Fuse Beads Creations	6-12	\$5
	4-5 p.m.	Youth Soccer	6-12	-0-
	6-7 p.m.	Book Club	12-17	\$5
	8-9 p.m.	Intro. to Ceramics	10-17	\$5
	9-9:45 p.m.	Children Meditation	6-12	\$5
Tue	3-4 p.m.	Youth Basketball	6-12	-0-
	4-5 p.m.	Whiffle Ball	12-14	-0-
	5-6 p.m.	Xbox 1 Madden	13-17	-0-
	6:15-7 p.m.	Teen Ladies Fitness	13-17	-0-
	7-8 p.m.	Meditation 101	12-up	\$10
	8-9 p.m.	Teen Ladies Fitness	13-17	-0-
Wed	3-4 p.m.	Youth Flag Football	6-12	-0-
	4-5 p.m.	Gym Games	13-16	-0-
	5-6 p.m.	Xbox 1 NBA 2K	7-17	-0-
	6:15-7 p.m.	Big Sis, Little Sis 1	12-up	-0-
	8-9 p.m.	Beg. Spanish	12-up	\$10
Thu	3-4 p.m.	Youth Gym Games	6-12	-0-
	4-5 p.m.	Paint By Numbers	6-12	-0-
	5-6 p.m.	Teen Chess	13-17	-0-
	6:15-7 p.m.	Teen Dominoes	13-17	-0-
	7-8 p.m.	Abstract Painting	16-up	\$10
	8-9 p.m.	Basic Abs	17-up	\$5
	9-9:45 p.m.	Intro. to Sketching	16-up	\$5
Fri	3-4 p.m.	Youth Dodgeball	6-12	-0-
	5-6 p.m.	Wii Games	7-17	-0-
	6:15-7 p.m.	Big Sis, Little Sis 2	12-up	-0-
	8-9 p.m.	Mandalas and Mantras	12-up	\$5
	9-9:45 p.m.	Family Game Room	7-up	-0-
Sat	9:15-10 a.m.	Youth Table Tennis	6-12	-0-
	10-11 a.m.	Family Boot Camp	10-up	\$10

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	7-8 p.m.	Spanish 101	17-up	\$10
Tue	7-8 p.m.	Meditation 101	12-up	\$10
	8-9 p.m.	Adult Coloring	18-up	\$5
	9-9:45 p.m.	Plys and Abs	18-up	\$10
Wed	6:15-7 p.m.	Big Sis, Little Sis 1	12-up	-0-
	7-8 p.m.	Ladies Stretch and Tone	18-up	\$5
	8-9 p.m.	Beg. Spanish	12-up	\$10
	9-9:45 p.m.	Rummy and Spades	18-up	-0-
	10-11 a.m.	Family Game Room	7-up	-0-
Thu	7-8 p.m.	Abstract Painting	16-up	\$10
	8-9 p.m.	Basic Abs	17-up	\$5
	9-9:45 p.m.	Intro. to Sketching	16-up	\$5
	6:15-7 p.m.	Big Sis, Little Sis 2	12-up	-0-
	7-8 p.m.	Couple Workout	18-up	\$10
Fri	8-9 p.m.	Mandalas and Mantras	12-up	\$5
	9-9:45 p.m.	Family Game Room	7-up	-0-
	10-11 a.m.	Family Boot Camp	10-up	\$10
Sat	11 a.m.-noon	Table Tennis Challenge	18-up	-0-

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DAY	TIME	CLASS	AGE	FEE
Mon	7-8 p.m.	Zumba (M-F)	12-up	TBA
Thu	6:30-9 p.m.	Free Play Volleyball	15-up	IPAR
Fri	5:30-9:45 p.m.	R.I.S.E. Quad Rugby	18-up	TBA
Sat	9 a.m.-1 p.m.	R.I.S.E. Quad Rugby	18-up	TBA

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	Noon-4 p.m.	
Tue	Noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Wed	Noon-4 p.m.	
Thu	Noon-4 p.m. / 6-7 p.m. / 8-9:45 p.m.	
Fri	Noon-4 p.m.	
Sat	1-4:45 p.m.	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
Hours: Mon, Thu, Fri : 8 a.m.-9 p.m. / Tue : 8 a.m.-10 p.m. / Wed : 8 a.m.-5 p.m. / Sat : 9 a.m.-1 p.m. Membership required to participate in activities.

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	10-10:40 a.m.	Tai Chi for Arthritis/Fall Prevention	50-up	\$5 (includes Qi Gong)
	10-11 a.m.	Fit 4 Life	50-up	\$35 mo.
	10:45-11:20 a.m.	Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
	10:45-11:45 a.m.	Assisted Chair Yoga	50-up	\$35 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Beg. Bridge	50-up	-0-
	2-4 p.m.	The Lively Steppers	50-up	-0-
	5-6 p.m.	Int. Tahitian Dance	18-up	\$50 mo.
	5:30-6:30 p.m.	Zumba	18-up	\$20 mo. or \$5 per class
	6-7 p.m.	Pinterest Pin of the Week (1st M)	50-up	See newsletter for fee
	6-7 p.m.	Hula Lessons	18-up	\$20 mo.
	6-7:30 p.m.	Bingo	50-up	Covered Dish + 2 prizes
	6:30-7:30 p.m.	Yoga	18-up	\$35 mo. or \$8 per class
Tue	7-8 p.m.	Hula Part B (for students who have studied Hula)	18-up	\$25 mo. Hula students, \$35 non-Hula students
	7-8 p.m.	Heritage Singers (2nd, 3rd, 4th M)	50-up	\$10 annually + Heritage Membership
	8:20-9:30 a.m.	Stretch and Tone	50-up	\$5 mo.
Wed	9-11 a.m.	Wood Carving	50-up	-0-
	10-11 a.m.	Gospel Singing	50-up	-0-
	10-11:30 a.m.	Senior Computer Club	50-up	-0-
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Adv. Bridge	50-up	-0-

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HERITAGE SENIOR CENTER / 200 S. Jefferson St. / (972) 721-2496
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DAY	TIME	CLASS	AGE	FEE
Tue	1-3 p.m.	Busy Fingers Quilting Club	50-up	-0-
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
Wed	6:30-9:30 p.m.	Ceramics	18-up	\$15 mo.
	7-9:15 p.m.	Dance	18-up	\$6 weekly
	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	9:30-11 a.m.	Neglected History/Critical Thinking	50-up	-0-
	10-10:40 a.m.	Tai Chi for Arthritis/Fall Prevention	50-up	\$5 (includes Qi Gong)
	10-11 a.m.	Blood Pressure Screening (3rd W)	50-up	-0-
	10:45-11:20 a.m.	Qi Gong and the Art of Relaxation	50-up	\$5 (includes Tai Chi for Arthritis)
	10:45-11:45 a.m.	Assisted Chair Yoga	50-up	\$35 mo./\$8 class
	11:15-11:30 a.m.	Nutrition 101 (2nd W)	50-up	-0-
	noon-1 p.m.	Yoga	18-up	\$35 mo./\$8 class
	12:30-4 p.m.	Wednesday Poker Club	50-up	-0-
	1:30-3:30 p.m.	Bluegrass Jam Session	50-up	-0-
	1:30-3:45 p.m.	Line Dance	50-up	20 mo./\$6 per class
Thu	8:20-9:30 a.m.	Stretch and Tone	50-up	\$5
	9-10 a.m.	Beg. Mixed Media	18-up	\$30 mo.
	10:15-11:15 a.m.	Bingo	50-up	\$1
	10:30-11:30 a.m.	Int. Watercolor/Acrylic	18-up	\$25 mo.
	12:30-3:30 p.m.	42 (Dominoes)	50-up	-0-
	12:30-4:30 p.m.	Hand and Foot	50-up	-0-
	12:30-4:30 p.m.	Adv./Int. Bridge	50-up	-0-
	1-2 p.m.	Beg. Tap	50-up	-0-
	1-2 p.m.	Fitness Room Orientation (2nd, 4th Th, appt. req.)	50-up	-0-
	2:45-3:45 p.m.	Int. Tap Dance	50-up	\$30 mo.
	6-7 p.m.	Evening Aerobics	18-up	\$15 mo.
	6:15-8:30 p.m.	Bunko	50-up	\$8 mo.
	7-8 p.m.	Great Book Club (3rd Th)	50-up	-0-
7-8 p.m.	Writing and You (none 3rd Th)	50-up	-0-	
Fri	8:45-9:45 a.m.	AM Aerobics	50-up	\$15 mo.
	9 a.m.-noon	Mah Jongg	50-up	-0-; inst. book \$1
	9 a.m.-noon	Ceramics	50-up	\$15 mo.
	10-11 a.m.	Fit 4 Life	18-up	\$35 mo.
	10-11:30 a.m.	Investor's Information Exchange	50-up	-0-
	10-11:45 a.m.	Friday at the Movies (2nd, 4th F)	50-up	-0-
	noon-5 p.m.	Canasta	50-up	-0-
	1-2:30 p.m.	Spanish Club	50-up	-0-
	5:30-6:15 p.m.	Sign up for Texas Hold Em'	50-up	\$3 per class
	5:30-6:30 p.m.	Zumba	18-up	\$20 mo./\$5 class
6:20-8:30 p.m.	Texas Hold Em' (2nd, 4th F)	50-up	Heritage Membership required w/signup fee	
Sat	9:15-10:45 a.m.	Round Dance Lesson 1	18-up	\$25 per lesson
	9:30-10:30 a.m.	Yoga	18-up	\$35 mo./\$8 class
	11 a.m.-12:30 p.m.	Round Dance Lesson 2	18-up	\$25 quarterly, couples required

LEE PARK RECREATION CENTER / 3000 Pamela Drive / (972) 721-2508
Hours: Mon–Fri : 9 a.m.–10 p.m. / Sat : 9 a.m.–5 p.m. / Sun : 1–5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	10 a.m.-noon	Preschool Mini Camp (M,W,F)	3-5	\$30
Tue	10-11 a.m.	Big Wheel Rally	3-5	-0-
	11 a.m.-noon	Math Games	3-5	\$5
	noon-1 p.m.	ABCs and 123s	3-5	\$5
Thu	10-11 a.m.	Color and Paste	3-5	\$5
	11 a.m.-noon	Artsy Hands	3-5	\$5
	noon-1 p.m.	Running Games	3-5	\$5
Sat	9:15-10 a.m.	Coloring and Writing	3-5	\$5

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	3:15-6 p.m.	After-school Program	K-5	\$180/6 weeks
	2-3 p.m.	Homeschool Fall Crafts	6-14	\$5
	4-5 p.m.	Name Your Game	9-13	-0-
	6-7 p.m.	Teen Core Strength	13-17	\$5
7-8 p.m.	D.I.Y. Bath Bombs	10-15	\$5	
Tue	2-3 p.m.	Homeschool Tennis	6-14	-0-
	5-6 p.m.	Indoor Flag Football	9-13	-0-
	6-7 p.m.	Sewing Basics	10-up	\$10
	7-8 p.m.	Card Games	13-17	-0-
Wed	4-5 p.m.	Para cord Making	13-17	\$5
	6-7 p.m.	Teen Total Fitness	13-17	\$5
	7-8 p.m.	Indoor Soccer	13-17	-0-
Thu	2-3 p.m.	Homeschool Soccer Skills	6-14	-0-
	6-7 p.m.	Fuse Bead Creations	9-13	\$5
	7-8 p.m.	Cross Court Challenge	13-17	\$1
Fri	2-3 p.m.	Homeschool Sports Activities	6-14	-0-
	6-7 p.m.	Teen Racquetball	13-17	\$5
	7-8 p.m.	Make Your Own Slime	13-17	\$5
Sat	10-11 a.m.	Outdoor Kickball Kraze	7-12	-0-
	11 a.m.-noon	Chess Masters	9-13	-0-
	1-2 p.m.	Game Room Challenge	10-15	-0-
	2-3 p.m.	Basketball Training	13-17	-0-

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8-9 p.m.	Elliptical Fitness	18-up	\$5
	9-9:45 p.m.	Adult Exercise	18-up	\$5
Tue	9:15-10 a.m.	Senior Strength and Flexibility	50-up	\$10
	8-9 p.m.	Ladies Workout	18-up	\$5
	9-9:45 p.m.	High Intensity Training	18-up	\$5
Wed	8-9 p.m.	Ping Pong Gala	18-up	-0-
	9-9:45 p.m.	Treadmill Walking	18-up	\$5
Thu	8-9 p.m.	Cardio Endurance	18-up	\$5
	9-9:45 p.m.	8-Ball	18-up	\$5
Fri	8-9 p.m.	Basic Core Strength	18-up	\$5
	9-9:45 p.m.	Free Weight Frenzy	18-up	\$5
Sat	3-4 p.m.	Walk and Jog	18-up	\$5
	4-4:45 p.m.	Endurance Workout	18-up	\$5

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9:15-10 a.m.	Yoga for Seniors (M,W,F)	50-up	\$25 mo.
	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga II (M,W)	18-up	\$25 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
	6:30-7:30 p.m.	Zumba Fitness	18-up	\$25 mo.
Tue	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-9 p.m.	USA Go Ju Karate (T,F)	6-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Wed	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Wed	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
	6:30-7:30 p.m.	Zumba Fitness	18-up	\$25 mo.
Thu	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:15-6:15 p.m.	Jazzercise	18-up	\$49 mo.
	6-7 p.m.	Yoga I	18-up	\$35 mo.
	6:15-7:15 p.m.	Jazzercise	18-up	\$49 mo.
Fri	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
	5:45-6:45 p.m.	Jazzercise	18-up	\$49 mo.
Sat	9:30-10:30 a.m.	Jazzercise	18-up	\$49 mo.
Sun	2-3 p.m.	Jazzercise	18-up	\$49 mo.

DAY	TIME	CLASS
OPEN GYM BASKETBALL		
Mon	10:30 a.m.-4:30 p.m. / 7:30-9:45 p.m.	
Tue	10:30 a.m.-4:30 p.m. / 7:30-9:45 p.m.	
Wed	10:30 a.m.-4:30 p.m. / 7:30-9:45 p.m.	
Thu	10:30 a.m.-4:30 p.m. / 7:30-9:45 p.m.	
Fri	10:30 a.m.-4:30 p.m. / 7:30-9:45 p.m.	
Sat	10:30 a.m.-4:45 p.m.	
Sun	1-4:45 p.m.	

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

LIVELY POINTE YOUTH CENTER / 909 N. O'Connor Road / (972) 721-8090
Hours: Mon–Fri : 1–9 p.m. / Sat : 1–5 p.m.

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	4-5 p.m.	Weight Room Orientation	12-18	-0-
	4-5 p.m.	Fantasy Football Round Table	12-18	-0-
	5-6 p.m.	Fall Cooking Creations	12-18	-0-
	6-7 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7-8 p.m.	Dodgeball	12-18	-0-
	7-9 p.m.	Monday Night Football Fanatics	12-18	-0-
	4-5 p.m.	Burnout Workout	12-18	-0-
Tue	4:30-5:30 p.m.	Pick Up Flag Football	12-18	-0-
	5-6 p.m.	Girl Talk	12-18	-0-
	7-8 p.m.	Volleyball Skills and Drills	12-18	-0-
Wed	8-9 p.m.	Dominoes	12-18	-0-
	4-5 p.m.	Weight Room Orientation	12-18	-0-
	5-6 p.m.	Let's Make-Up	12-18	-0-
Thu	5-6 p.m.	Foosball League	12-18	-0-
	6-7 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7-8 p.m.	Teen Fitness Challenge	12-18	-0-
	7-8 p.m.	Chillin and Grillin with Steve	12-18	-0-
	8-9 p.m.	Fantastic Fashion	12-18	-0-
	4-5 p.m.	Ping Pong League	12-18	-0-
	5-6 p.m.	Girls Fitness	12-18	-0-
6-7 p.m.	Irving Youth Action Council Mtg. (2nd, 4th Th)	12-18	-0-	
Fri	6-7 p.m.	Soccer Shootout	12-18	-0-
	7-8 p.m.	Airsoft Challenge (1st, 3rd Th)	12-18	-0-
	7-8 p.m.	Kickball (2nd, 4th Th)	12-18	-0-
	7-9 p.m.	Indoor Soccer Free Play	12-18	-0-
	2-3 p.m.	Home School Sports	12-18	-0-
	4-5 p.m.	Play Station Madness	12-18	-0-
	5-6 p.m.	Billiard League	12-18	-0-
Sat	6-7:30 p.m.	Lively Running Club (M,W,F)	12-18	-0-
	7:30-9 p.m.	Friday Night Films	12-18	-0-
	1-2 p.m.	Intro to Weight Lifting	12-18	-0-
2-3 p.m.	Trail Walking	12-18	-0-	
3-4 p.m.	Floor Hockey	12-18	-0-	

MUSTANG PARK RECREATION CENTER / 2223 Kinwest Parkway / (972) 556-1334
Hours: Mon, Wed : 6 a.m.–10 p.m. / Tue, Thu, Fri : 9 a.m.–10 p.m. / Sat : 9 a.m.–5 p.m. / Sun: 1–5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30-10:15 a.m.	Shapes and Colors	3-6	\$5
	10:15-11 a.m.	Sports Time	3-6	\$5
	11-11:45 a.m.	Color by Number	3-6	\$5
Tue	9:30-10:15 a.m.	Blocks and Legos	3-6	\$5
	10:15-11 a.m.	Obstacle Courses	3-6	\$5
	11-11:45 a.m.	Craft Time	3-6	\$5
	1:15-2 p.m.	Wood Projects	3-6	\$5
	2-2:45 p.m.	Puzzles and Games	3-6	\$5
	9:30-10:15 a.m.	Sticker Scenes	3-6	\$5
Wed	10:15-11 a.m.	Gym Games	3-6	\$5
	11-11:45 a.m.	Acting and Drama	3-6	\$5
	9:30-10:15 a.m.	Bikes and Tikes	3-6	\$5
Thu	10:15-11 a.m.	Dance Time	3-6	\$5
	11-11:45 a.m.	ABCs and 123s	3-6	\$5
	10 a.m.-noon	Preschool Soccer League	3-6	\$80
YOUTH & TEEN CLASSES				
Mon	4-5 p.m.	Dodgeball	6-12	\$5
Tue	3:15-4 p.m.	Gym Games (T,Th)	6-12	\$10
	4-5 p.m.	Picture Frames	6-12	\$10
Wed	4-5 p.m.	Beads and Bracelets	6-12	\$10
	4-5 p.m.	Paint by Number	8-14	\$10
Fri	4-5 p.m.	Badminton for Kids	6-12	\$5
	6-9 p.m.	Dinner and A Movie	6-12	\$5 per night
Sat	noon-1 p.m.	Flag Football	11-15	\$5
	1-2 p.m.	Table Tennis	9-14	\$5
	3-4 p.m.	Xbox Sports	8-15	\$5

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	2-2:45 p.m.	Lunch Power Walk	18-up	-0-
	6:15-7:15 p.m.	One Million Step Challenge Meet-Up	18-up	-0-
	7:15-8 p.m.	Beg. Scrapbooking	16-up	\$10
Tue	6:15-7:15 p.m.	Cardio Hour	18-up	-0-
	7:15-8 p.m.	Shuffleboard Basics	18-up	-0-
Wed	7:15-8 p.m.	Basic Strength Training	18-up	-0-
Fri	10 a.m.-noon	Senior Social	55-up	-0-
Sat	2-3 p.m.	One Million Step Challenge Meet-Up	18-up	-0-

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	8-9 a.m.	Yoga	18-up	\$75/\$50/\$25 mo.
	9 a.m.-noon	RARE Learning-Early Learners (M-F)	3-5	TBA
	10:30 a.m.-noon	Mom and Tots - Play and Learn Camp (M,W)	24-36 mos.	\$65 (4-week session)
	12:05-1:30 p.m.	Preschool Camp (M,W)	3-5	\$65 (4-week session)
	5-5:30 p.m.	Keyboarding/Piano	5-15	\$85 mo.
	5-6 p.m.	Indoor Tennis	7-up	\$40 mo.
5:30-6 p.m.	Keyboarding/Piano	5-15	\$85 mo.	

Fall Session

Call (972) 721-2501 for details or more information. Registration for Heritage Senior Center classes begins at 10 a.m. the first business day of the month.

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE	
Mon	5:30-6:15 p.m.	Gymnastics	4-up	\$49 mo.	
	6-6:30 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
	6-7 p.m.	Indoor Tennis	7-up	\$40 mo.	
	6:30-7 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
Tue	10:30 a.m.-noon	Mom and Tots - Play and Learn Camp (T,Th)	24-36 mos.	\$65 (4-week session)	
	12:05-1:30 p.m.	Preschool Camp (T,Th)	3-5	\$65 (4-week session)	
	4-4:45 p.m.	Basketball Skills: Level 1 (T,Th)	6-18	\$98 mo.	
	4-4:55 p.m.	Digital Photography by RARE Learning (T,Th)	9-15	TBA	
	4:45-5:30 p.m.	Basketball Skills: Level 2 (T,Th)	6-18	\$98 mo.	
	5-5:55 p.m.	Digital Photography by RARE Learning (T,Th)	9-15	TBA	
	5:30-6:15 p.m.	Basketball Skills: Level 3 (T,Th)	6-18	\$98 mo.	
	6-7 p.m.	Zumba (T,Th)	18-up	\$5 per class	
	6:15-7 p.m.	Basketball Skills: Level 4 (T,Th)	6-18	\$98 mo.	
	7-7:30 p.m.	Beg. Soo Bahk Do Karate (T,Th)	4-6	\$30 mo.	
	7-8 p.m.	Beg./Int. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.	
	7:30-8:30 p.m.	Boot Camp	18-up	\$15 mo./\$3 class	
	8-9 p.m.	Adv. Soo Bahk Do Karate (T,Th)	7-up	\$50 mo.	
Wed	8-9 a.m.	Yoga	18-up	\$75/\$50/\$25 mo.	
	11:45 a.m.-12:30 p.m.	Kindermusik	18 mo.-3.5	TBA	
	12:30-1:15 p.m.	Kindermusik	0-18 mo.	TBA	
	4-5:15 p.m.	Kross Stitch Kids	7-up	\$30 mo. + supplies	
	5-6 p.m.	Guitar Lessons	7-up	\$55 mo.	
	5-6 p.m.	Indoor Tennis	7-up	\$40 mo.	
	5:30-6:15 p.m.	Ballet and Tap	3-5	\$44 mo.	
	6-7 p.m.	Indoor Tennis	7-up	\$40 mo.	
	6-7 p.m.	Guitar Lessons	7-up	\$55 mo.	
	6:15-7 p.m.	Ballet and Tap	6-12	\$44 mo.	
	7-8 p.m.	Guitar Lessons	7-up	\$55 mo.	
	Fri	9-10 a.m.	Yoga	18-up	\$75/\$50/\$25 mo.
		9:30-10 a.m.	Parent and Me Dance Class	2-3	\$30 mo.
10-10:45 a.m.		Tumbling for Tots	3-5	\$44 mo.	
10:45-11:30 a.m.		Ballet and Tap	3-5	\$44 mo.	
5-5:30 p.m.		Keyboard/Piano	5-15	\$85 mo.	
5:30-6 p.m.		Keyboard/Piano	5-15	\$85 mo.	
6-6:30 p.m.		Keyboard/Piano	5-15	\$85 mo.	
6-7 p.m.		Chess Tempo	4-up	\$48 mo.	
6:30-7 p.m.		Keyboard/Piano	5-15	\$85 mo.	
Sat		9:30-10:30 a.m.	Boot Camp	18-up	\$15 mo./\$3 class
		10-10:45 a.m.	Ballet and Tap	3-5	\$44 mo.
		10-11 a.m.	Abacus Math	6-14	\$80 mo.
		10:45-11:30 a.m.	Ballet and Tap	3-5	\$44 mo.
	11-11:45 a.m.	Bollywood Dance	4-7	\$44 mo.	
	11:15 a.m.-12:15 p.m.	Abacus Math	6-14	\$80 mo.	
	11:30 a.m.-12:15 p.m.	Ballet and Tap	6-12	\$44 mo.	
	noon-12:45 p.m.	Bollywood Dance	8-13	\$50 mo.	
	1:15-1:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
	1:45-2:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
	2-3 p.m.	Riaz' Art Studio	5-up	\$80 mo.	
	2-3 p.m.	ThingY: STEM Learning	6-12	\$80 mo.	
	2:15-2:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.	
2:45-3:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
3:15-3:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
3:45-4:15 p.m.	Keyboarding/Piano	5-15	\$85 mo.		
4:15-4:45 p.m.	Keyboarding/Piano	5-15	\$85 mo.		

OPEN GYM BASKETBALL

Mon	6-10 a.m. / 11 a.m.-2 p.m.* / 7:15-9:45 p.m. (badminton)
Tue	11 a.m.-1 p.m.
Wed	6-10 a.m. / 11 a.m.-2 p.m.* / 7:15-9:45 p.m. (pickle ball)
Thu	11 a.m.-1 p.m.
Fri	Noon-2 p.m.* / 6-9:45 p.m.
Sat	Noon-2 p.m. / 2-4:45 p.m. (badminton)
Sun	1-3 p.m. / 3-4:45 p.m. (badminton)

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.
*Badminton half gym from noon-2 p.m.

NORTHWEST PARK RECREATION CENTER / 2800 Cheyenne St. / (972) 721-2529
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	10 a.m.-noon	Preschool Mini Camp (M,W,F)	3-5	\$30
Tue	9:15-10 a.m.	Autumn Art Creations	3-5	\$5
	10-11 a.m.	T-Ball Basics	3-5	-0-
	11 a.m.-noon	Animal Paper Crafts	3-5	\$5
	noon-1 p.m.	Little Sports	3-5	-0-
Thu	9:15-10 a.m.	Letter Puzzles	3-5	\$5
	10-11 a.m.	Simple Games	3-5	-0-
	11 a.m.-noon	Nature Science Experiments	3-5	\$5
	noon-1 p.m.	Outdoor Walk	3-5	-0-
Sat	9:15-10 a.m.	Hand Art	3-5	\$5
	10-11 a.m.	Beg. Soccer	3-5	-0-

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	2:45-6 p.m.	After-school Program	7-11	\$180/6 weeks
	1-2 p.m.	Home School Tissue Paper Art	6-14	\$5
	2-3 p.m.	Home School Ball Skills	6-14	-0-
	4-5 p.m.	Kickball Kraze	9-13	-0-
	6-7 p.m.	Still Life Drawing	10-15	\$5
	7-8 p.m.	Floor Hockey	13-17	-0-
Tue	2-3 p.m.	Home School PE Tennis	6-14	-0-
	6-7 p.m.	Tween Fitness	9-13	\$5
	7-8 p.m.	Trivia Tuesday	13-17	-0-
Wed	1-2 p.m.	Home School Gym Activities	6-14	-0-
	2-3 p.m.	Home School Paper Crafts	6-14	\$5
	4-5 p.m.	Paper Airplane	7-12	\$5
	6-7 p.m.	Mod Podge Mania	10-15	\$5
Thu	7-8 p.m.	Indoor Soccer Drills	13-17	-0-
	6-7 p.m.	Public Speaking Tips	13-17	-0-
Fri	7-8 p.m.	Counting Steps	10-15	-0-
	2-3 p.m.	Home School Fall Painting	6-14	\$5
5-6 p.m.	Jewelry Creations	9-13	\$5	

NORTHWEST PARK RECREATION CENTER / 2800 Cheyenne St. / (972) 721-2529
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
Fri	6-7 p.m.	Sportsmanship Challenge	10-15	-0-
	7-8 p.m.	Board Game Extravaganza	13-17	-0-
Sat	11 a.m.- noon	Intro to Tennis	6-11	-0-
	1-2 p.m.	Parachute Fun	9-13	-0-
	2-3 p.m.	Canvas Art	13-17	\$5

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	8-9 p.m.	Intro to Weights	18-up	\$5
	9-9:45 p.m.	Stretching	18-up	\$5
Tue	8-9 p.m.	Circuit Training	18-up	\$5
	9-9:45 p.m.	Cardio Challenge	18-up	\$5
Wed	8-9 p.m.	Leg Day Exercises	18-up	\$5
	9-9:45 p.m.	Endurance Fitness	18-up	\$5
Thu	8-9 p.m.	Tighten and Tone	18-up	\$5
	9-9:45 p.m.	Gymnasium Walking	18-up	\$5
Fri	8-9 p.m.	Hill Walking	18-up	\$5
	9-9:45 p.m.	Walk, Jog, Run	18-up	\$5
Sat	3-4 p.m.	No Excuse Workout	18-up	\$5
	4-4:45 p.m.	Basic Painting	18-up	\$5

OPEN GYM BASKETBALL

Mon	9-10:30 a.m. / noon-2 p.m. / 6-9:45 p.m.
Tue	10 a.m.-1 p.m. / 3-5 p.m. / 6-9:45 p.m.
Wed	9-11 a.m. / 11:30 a.m.-4 p.m. / 6-9:45 p.m.
Thu	11 a.m.-4 p.m. / 6-9:45 p.m.
Fri	9-11 a.m. / noon-4 p.m. / 6-9:45 p.m.
Sat	9-10 a.m. / 11 a.m.-2 p.m. / 3-4:45 p.m.

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

SENER PARK RECREATION CENTER / 901 S. Senter Road / (972) 721-2641
Hours: Mon-Fri : 9 a.m.-10 p.m. / Sat : 9 a.m.-5 p.m. / Sun : 1-5 p.m.

DAY	TIME	CLASS	AGE	FEE
PRESCHOOL CLASSES				
Mon	9:30 a.m.-noon	Early Childhood Education (M,T,Th)	3-6	\$45 (8 weeks)
Fri	9:30-10:30 a.m.	Creative Art	3-6	\$2
	10:30-11:30 a.m.	Preschool Cooking	3-6	\$5
Sat	10-11 a.m.	Preschool Basketball Skills	3-6	\$3

DAY	TIME	CLASS	AGE	FEE
YOUTH & TEEN CLASSES				
Mon	4-5 p.m.	Knitting	7-10	\$3
	5-6 p.m.	Cartoon Creation	7-12	\$3
	6-7 p.m.	Intro to Shoe Design*	7-12	\$2
	7-8 p.m.	Volleyball Skills*	6-up	\$3
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$40 mo.
	8-9 p.m.	Full Court Press	14-18	IPAR Card
Tue	1:30-2:30 p.m.	Indoor Soccer	12-17	-0-
	4-5 p.m.	Wall Ball	7-12	-0-
	5-6 p.m.	Youth Design	8-13	\$5
	5:45-8:45 p.m.	ActivStars Karate	4-15	\$7/week
	6-7 p.m.	Creative Fall Craft	7-12	\$3
	7-8 p.m.	Stretch to Fitness	16-up	\$5
Wed	8-9 p.m.	Table Tennis	12-up	-0-
	6-7 p.m.	Foosball Skills	12-up	-0-
	7-8 p.m.	AB Fitness	16-up	\$5
Thu	8-9 p.m.	PS4/X-Box Competition	10-15	\$2
	1-2 p.m.	Homeschool Beg. Spanish	7-10	-0-
	4-5 p.m.	Beg. Adult Spanish	18-up	\$10
Fri	5-6 p.m.	Strategy Games	10-12	-0-
	5:45-8:45 p.m.	Active Stars Cheer	4-15	\$7/week
	6-7 p.m.	Paint Party 1	12-up	\$5
	7-8 p.m.	Stretch to Fitness II	16-up	\$5
	8-9 p.m.	Paint Party 2	10-14	\$3
	4-5 p.m.	Fall Creation	7-12	\$3
Sat	5-6 p.m.	Open Dodgeball	8-13	-0-
	6-7 p.m.	Bead Art	8-12	\$3
	7-8 p.m.	Card Games	12-up	-0-
	8-9 p.m.	Basics of Watercolor	8-12	\$3
	10-11 a.m.	Preschool Basketball Skills	3-6	-0-
	11 a.m.-noon	Paint Party	12-up	\$3

DAY	TIME	CLASS	AGE	FEE
ADULT CLASSES				
Mon	7-8 p.m.	Volleyball Skills	6-up	\$3
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$40 mo.
Tue	7-8 p.m.	Stretch to Fitness	16-up	\$5
	8-9 p.m.	Table Tennis	12-up	-0-
Wed	6-7 p.m.	Foosball Skills	12-up	-0-
	7-8 p.m.	AB Fitness	16-up	\$5
Thu	6-7 p.m.	Paint Party 2	12-up	\$5
	7-8 p.m.	Stretch To Fitness II	16-up	\$5
Fri	7-8 p.m.	Card Games	12-up	-0-

YEAR-ROUND PROGRAMS OFFERED BY OUTSIDE INSTRUCTORS
Members interested in year-round programs may contact the instructor for space availability and to register for classes.

DAY	TIME	CLASS	AGE	FEE
Mon	9-10 a.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	10 a.m.-1 p.m.	Pickle ball (M,F)	50-up	IPAR Card
	11 a.m.-2 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	4-6 p.m.	Power Workout (M-F)	18-up	ID/\$1 daily
	6-7 p.m.	Zumba Fitness (M-F)	18-up	\$35 mo./\$3 per class
	7:30-8:30 p.m.	Karate (M,W)	5-up	\$50 mo.
Tue	7:30-9:45 p.m.	Badminton (M,T,Th,Su)	18-up	ID/ \$20 Annual
	5-9 p.m.	ActivStars Karate	4-15	\$7/week
Wed	11:30 a.m.-12:30 p.m.	Senior Lunch	50-up	\$4
	5-8:30 p.m.	Needle Work Gathering	18-up	-0-
Thu	5-9 p.m.	ActivStars Cheerleading	4-15	\$7/week
	6-8 p.m.	Senior Jams	50-up	-0-
Fri	11 a.m.-2:30 p.m.	Irving Singles Canasta	50-up	-0-
Sat	11 a.m.-1 p.m.	Jujitsu	6-up	\$25 mo.

OPEN GYM BASKETBALL

Mon	9 a.m.-9:45 p.m.
Tue	9 a.m.-6 p.m.
Wed	6 a.m.-5 p.m. / 8-9:45 p.m.
Thu	9 a.m.-6 p.m.
Fri	9 a.m.-6 p.m. / 7-9:45 p.m.
Sat	9 a.m.-4:45 p.m.
Sun	1-4:45 p.m.

Open gym schedule is subject to change without notice. Call for daily updates on open gym hours.

After-School Program

Registration for the After-School Program is available at area recreation centers. Elementary school students will participate in a variety of activities including gym games, crafts and homework time in a safe and supervised environment. An afternoon snack is provided daily. The program is offered on school days from 2:45 to 6 p.m. at Cimarron, Georgia Farrow, Lee, Mustang, Northwest and Senter Park recreation centers. The cost of each six-week session is \$180. Georgia Farrow and Senter Park also offer a payment option of \$40 per week. Space is limited. Check with neighborhood recreation centers for a list of participating schools or to register in person. Visit CityofIrving/IrvingRec to register online. ■

